

# PSYCHOEDUCATIONAL CHALLENGES IN THE 21<sup>ST</sup> CENTURY

Loredana-Ileana Vîșcu | Ioana-Eva Cădariu |

Dana Rad | Clifton Edward Watkins Jr.



Presă Universitară Clujeană

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**COORDONATORI:**

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# Preface

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The volume "Psychoeducational Challenges in the 21st Century" includes two sections with papers and research studies by university teachers, pre-university teachers and master students. The first section, mainly theoretical, deals with topics of interest in various fields: education (curriculum, family education culture, online education, alpha generation and technology, approach to violence in education), artificial intelligence, organizations, including military organizations, trauma, human trafficking. Each paper reflects the authors' interest in the topic, as a consequence of the effects and influences of the topic in the social, relational and organizational fields. Section II is focused exclusively on mixed quantitative and qualitative studies, and the themes addressed are of interest to the academic, organizational and psychotherapy fields. Among the topics addressed with interest for education are: the effect of stressors in the pre-university environment, the impact of social networks among students, adaptability and coping mechanisms in students, emotional regulation in adolescents. Topics of interest addressed from the organizational environment are: the influence of procrastination in employees, the importance of resilience in organizational employees, the relationship between attachment style and resilience in employees. Papers with a focus on psychoeducational and therapeutic interventions addressed topics related to: the role of therapeutic metaphors, the impact of insight in the development of supervised therapists and socio-educational implications in HIV-positive patients.

The authors hope that their work will stimulate the reader's curiosity and provide further explanations for those interested in the topics covered.

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